

Psychological Approach to Effective Strategies in Handling Students' Challenging Behaviour 2012 - 2013

Aim

The training course aims to assist primary and secondary school teachers to further develop their knowledge, skills and attitudes in working with students with challenging behavior.

Course Objectives

- (a) To reinforce teachers' understanding of the developmental needs of primary and secondary school students, including those with special educational needs (SEN) and learning difficulties who may manifest lower self-concept, uncertainty, rebelliousness and delinquent behavior than their peers without difficulties. These students may display possible undesirable outcomes such as deviance, delinquency, difficult behavior, oppositional conduct and psychiatric disorders when they fail to meet the needs and achieve the developmental tasks;
- (b) To enable teachers to acquire effective strategies and develop positive attitudes in handling the various developmental crises, deviant and delinquent behavior as well as conduct disorder and psychiatric disorders manifested by the primary and secondary school students in school and classroom settings; and
- (c) To facilitate teachers apply knowledge and skills to help students enhance their self-understanding, self-esteem and motivations in learning.

Course Content

- (a) Theories of child development for the understanding of primary and secondary school students, including students with SEN at their stages of development from childhood to adolescence and adulthood, as well as common childhood and adolescent disorders;
- (b) Case studies in handling the problems of the students as mentioned in the objectives above;
- (c) Effective intervention strategies applicable to classroom and school settings for teachers to provide on-site support for the students; and
- (d) Target-setting, self-understanding, self-esteem enhancement and motivation in helping students to learn.

Highlights of the Training Programme

- Understanding Social-Emotional/Behavioural and Mental Health Difficulties in Childhood and Adolescence
- Whole School Approaches to Improving Pupil Behaviour and Promoting Students' Positive Social, Emotional and Academic Engagement
- Practical Counselling Skills for Teachers, including Cognitive Behavioral Therapy (CBT)
- Managing Emotions
- Getting Pupils to work together and Support One Another
- Working with Parents and Outside Agencies

Course Leader

Professor Paul Cooper, UK Chartered Psychologist and Associate Fellow of the British Psychological Society and Chair professor of Special Education at the HKIEd. His main research and teaching interests are psychological aspects of Social, Emotional and Behavioural Difficulties and emotional wellbeing in schools.

Course Co-ordinator

Dr Pattie Yuk Yee LUK-FONG, Adjunct Associate Professor of Counselling at the HKIEd. Her primary research and teaching interests are guidance and counselling, personal identity, gender equity, teachers' identities, and family changes.

Course Ref. No.	:	SAS020130025 (for the EDB Training Calendar System)
Course Date	:	22 nd April to 21 st May 2013
Time	:	9:30 a.m. – 12:30 p.m. 1:30 p.m. – 4:30 p.m.
Mode of Study	:	Full-time block release (4 weeks)
Venue	:	Tai Po Campus (10 Lo Ping Road, Tai Po, N. T.)
Medium of instruction	:	Chinese, supplemented with English
Certificate Award	:	Course participants who have attended of at least 80% of the Course sessions, complete a group presentation and an individual assignment not less than 800 words.
Fee	:	Free (Tuition fee and supply teachers will be funded by EDB)
Application	:	Applicants can apply through the EDB Training Calendar (http://tcs.edb.gov.hk)
Enquiries	:	Miss Ng Wai Kuen Zoe (CSENIE, HKIEd) Tel. : 2948 6515 Fax: 2948 7993 Email: wkueng@ied.edu.hk
Coordinator	:	Dr. Pattie Luk (SEC, HKIEd) Email: yyluk@ied.edu.hk
Remarks	:	Acceptance letter will be issued by post upon admission, please bring along the letter on the first day of course commences